

DORITOS® Taco Salad



Level: Easy

Prep Time: 45 minutes

Serves: about 8

Cooking Time: 15 minutes

1½ lbs. ground turkey (or ground beef)

1½ (1.0 oz.) Taco Spices and Seasoning Mix packets (i.e Lawry's® brand) + 1.5 times the measured amount of water as directed on packet

5 to 6 heads romaine lettuce

1 (16 oz.) container Italian dressing (recommended brand: Wish-Bone®)

2 limes

1 (14.5 oz.) bag DORITOS® Nacho Cheese Flavored Tortilla Chips

Freshly cracked black pepper, to taste (optional)

Toppings:

1 lb. grape tomatoes

1 red onion

1 bunch cilantro

2 ripe Hass avocados

2 (15 oz.) cans black beans, rinsed and drained of all liquid

1 (3.8 oz.) can sliced black olives, liquid drained

1 (8 oz.) package Shredded Mexican style cheese blend

1 (16 oz.) container sour cream



In a medium sauté pan or skillet, brown the ground turkey (or ground beef) until fully cooked. Drain fat. Add taco seasoning packets and measured water, following instructions on packet. Remove from heat source after cooking and set aside.

Wash vegetables well, drain water, and blot dry with paper towels prior to cutting.

- Romaine lettuce - Cut off & discard bottom core, cut leaves in half lengthwise, then chop into bite-size pieces starting from the leafy end moving towards the core end.
- Grape tomatoes - If tomatoes are large, cut them into quarters, if small, then cut into halves.
- Red onion - Slice thin, then dice into smaller pieces.
- Cilantro - Remove stems and chop leaves to desired size.
- Avocados - Cut in half, remove pit, scoop flesh from skin, & cut into slices.
- Limes - Cut into wedges.

Place toppings in separate bowls or containers. To serve salad, place chopped lettuce in individual bowls with seasoned ground turkey (or ground beef) and desired choice/amount of toppings. Pour desired amount of Italian dressing and squeeze the juice from a fresh lime wedge over salad. Crush desired amount of DORITOS® and add to bowl. Add freshly cracked pepper, if desired. Toss all ingredients before consuming.

Other topping options: Salsa, pico de gallo, Flamin' Hot Nacho DORITOS® tortilla chips, sliced jalapenos, corn